3 on 3 Adult Basketball League Rules '24

THE EQUIPMENT

Game balls will be provided by the Waverly Parks and Recreation. Teams may provide their own jerseys, but they must be appropriate. Correct tennis shoes must be worn on the gym floor at all times.

THE GAME

The team that starts with the ball will be determined by a whoever is listed first on the schedule. In the second and third series of a game, the possession will go to the team that lost the previous series. For regular season play, it will be best of a 3 game series to 21. The last series you will go to 15 points. On the last series, you must win by 2 points for the game to be over.

SCORING

The scoring is just like a regular game. All baskets made in front of the 3-point line will count as 2 points. Everything made from the 3-point line and beyond is 3 points. There WILL BE alternate possessions. When one team scores, the ball will be given to the opposing team. Once you check the ball with your opponent you may shoot the ball right away. You do not have to pass it to another player first.

LIVE BALL/DEAD BALL POSSSESSION

Following all made baskets the ball must be checked in at the top of the key at the three-point line. All fouls and violations will be played back at the three-point line. Out of bounds balls will be played from the 3-point line. Following a missed basket or steal that results in a change of possession the ball must always be taken back beyond the 3-point (take back) line.

SUBSTITUTION

Player substitution may take place on all dead ball situations. Each team is allowed two 30 second timeouts during the game. You must only have 6 players to your original roster. If for some reason one of the players cannot be there for the tournament, you must play with 3 players and no substitutes. That is why you had to turn in rosters at the beginning of the season and it makes it fair for everyone.

FOULS AND VIOLATIONS

All player fouls and violations will be the sole responsibility of the players. Be honest and call your own fouls! More than 7 fouls in the game, the player must be allowed one foul shot. Also, if you are fouled as you take a shot and the shot is good, the shot will count and you will get to regain possession. Teams will call your own fouls as well.

TEAM CAPTAIN'S RESPONSIBILITIES

- Keep teammates and fans up to date on all current rules and policies.
- Act as the sole voice for your team.
- Keep control of all players and fans. No fighting!